

| Lag                    | Kaptein                    | Mobil       | E-post                         |
|------------------------|----------------------------|-------------|--------------------------------|
| Arendals BK            | Pernille Lindaas           | 45 25 07 65 | pernillelindaas@gmail.com      |
| Asker BK 1             | Paolo Romanello            | 94 84 87 47 | paolo.romanello@gmail.com      |
| Askim BK               | Stig Henning Dybdahl       | 90 94 96 01 | em321@live.no                  |
| Bergen Akademiske BK 1 | Christian Bakke            | 97 92 56 36 | bakke95@hotmail.com            |
| Bergen Akademiske BK 2 | Sven-Olai Høyland          | 47 25 95 43 | soh@hvl.no                     |
| BK Grand 2             | Morten Rolfsen             | 48 23 97 81 | morten.rolfsen@gmail.com       |
| BK Missklikk 1         | Thor Simonsen              | 95 24 21 87 | thorsi61@gmail.com             |
| BK Sølvknekt           | Ole Mikkelsen              | 90 41 62 77 | mikkole42@live.no              |
| Blommenholm BK 1       | Olve Gravråk               | 90 87 72 77 | gravraak@online.no             |
| Blommenholm BK 2       | Joar Nybo                  | 48 17 43 99 | joarny@online.no               |
| Brevik BK              | Jørn Eriksen               | 97 61 69 77 | jrnegile@outlook.com           |
| Båsmo BK 1             | Geir Hogne Bonsaksen       | 95 72 50 89 | geir.bonsaksen@gmail.com       |
| Departementenes BK 1   | Frode Mo                   | 91 74 23 60 | dorfesen@hotmail.com           |
| Flekkefjord BK 1       | Tonje Brogeland            | 91 32 29 11 | tonje@bin.no                   |
| Grimstad BK            | Sylvester Helland          | 90 40 93 53 | sylfest99@hotmail.com          |
| Gudbrandsdal BK 1      | Even Morken                | 91 31 08 61 | e_morken_87@hotmail.com        |
| Haga og Aurskog BK 2   | Egil Oddvin Aarvold        | 95 82 14 97 | egiloaarvold@yahoo.com         |
| Hamar BK 1             | Lars Eide                  | 98 65 10 42 | lars.erik.eide@nav.no          |
| Heimdal BK 1           | Kåre Bogø                  | 45 39 32 56 | kaare_bogo83@yahoo.no          |
| Heimdal BK 4           | Gunn Tove Vist             | 97 65 66 58 | gunn.tove.vist@bridge.no       |
| Heimdal BK 5           | Kjell Ove Helmersen        | 95 44 15 25 | kjelllove.helmersen@gmail.com  |
| Hemsedal BK 3          | Svein Ulsaker Bækken       | 48 00 93 31 | sbae2@online.no                |
| Hjerter fire           | Øystein Ree                | 92 44 86 90 | reeois@hotmail.com             |
| Horten BK              | Liv Strøm                  | 45 40 45 58 | liv.strom@norconsult.com       |
| Klepp BK 1             | Jomar Lygre Undheim        | 48 15 87 10 | jlu_87@yahoo.no                |
| Kolbotn BK 1           | Simon Rasmussen            | 90 87 98 68 | simon67rasmussen@gmail.com     |
| Konnerud BK            | Thor Holm                  | 92 63 10 19 | thorholm68@hotmail.com         |
| Kristiansands BK 1     | Jan Arild Olsen            | 91 81 25 64 | janarild@viego.no              |
| Kristiansands BK 2     | Markus Bruno               | 40 44 77 09 | markusbruno@hotmail.com        |
| Larvik BK 2            | Svein Arnt Halvorsen       | 48 20 29 86 | flinken@halvorsen.as           |
| Luster BK 1            | John Inge Fredheim         | 91 59 44 21 | johni-fr@online.no             |
| Luster BK 2            | Jo Ketil Hamrum            | 41 57 62 63 | jkharmum@lustranet.no          |
| Midt-Telemark BK       | Sverre Pallesen            | 90 16 76 24 | sverre@mt-brannservice.no      |
| Mo BK 4                | Anne Irene Bogen           | 91 53 65 13 | anne.irene61@outlook.com       |
| Nesodden BK 1          | Rolf Sjødal                | 91 58 55 62 | rolf@sjodal.com                |
| Rubbestadneset BK 2    | Jan Kristen Lutro          | 95 20 71 85 | jan-k.lutro@elkem.no           |
| Sandnessjøen BK        | Håvard Moe                 | 91 80 76 75 | maalmann@hotmail.com           |
| Skien BK               | Sondre Labraathen Hogstad  | 92 84 64 94 | sondre@obve.no                 |
| Sola BK                | Bjørn Sanne                | 91 19 47 93 | bjosanne@hotmail.no            |
| Studentenes BK 4       | Ranja Sivertsvik           | 41 56 68 79 | ranjasivertsvik@gmail.com      |
| Sunnalsøra BK          | Jan Roger Strømsvåg        | 95 07 25 88 | jan.roger.stromsvag@hydro.com  |
| Sunnfjord BK 1         | Øystein Vasset             | 48 16 70 26 | oystein.vasset@eninvest.net    |
| Sunnfjord BK 2         | Frode Holen                | 97 01 44 65 | frode.holen55@gmail.com        |
| Søm BK 2               | Per Skretting              | 90 56 48 30 | per.skretting49@gmail.com      |
| Sørreisa BK            | Dag Jørgen Stokkvik        | 47 35 79 50 | stokk1da@hotmail.com           |
| TopBridge BC 1         | Erik Rynning               | 92 03 53 00 | rynning@online.no              |
| TopBridge BC 2         | Jo-Arne Ovesen             | 91 53 79 37 | jo-arne.ovesen@hotmail.com     |
| TopBridge BC 3         | Runar Lillevik             | 90 81 35 24 | runar51.rl@gmail.com           |
| TopBridge BC 5         | Terje Nyborg               | 41 55 92 20 | camilsen@yahoo.no              |
| TopBridge BC 6         | Eskil Monrad Hagen         | 98 28 98 58 | eskihage@cisco.com             |
| TopBridge BC 9         | Lasse Aaseng               | 95 06 36 75 | laaa01@handelsbanken.no        |
| Tromsø BK 1            | Kristian Barstad Ellingsen | 90 66 64 59 | kristian.ellingsen@hotmail.com |
| Trondhjems BK 1        | Knut Pettersen             | 90 91 16 10 | pettersenknu@gmail.com         |
| Verdal BK              | Astrid Margrethe Grønnesby | 45 44 55 41 | astridgrby@hotmail.com         |
| Vikersund BK 2         | Anders Dalby Paulsen       | 41 38 10 48 | an-dalb@online.no              |
| Åsane BK               | Erik Eriksen               | 91 18 95 05 | erieri@online.no               |